
Making Safeguarding Personal Toolkit

Case Example 13: Motivational interviewing





Case Example



This case example can be located in the Community Care Inform resources:
Learn on the go social work podcasts
<https://soundcloud.com/user-583610833-79340369>

Ruth Hardy from Community Care Inform introduces two podcasts by Lydia Guthrie and David Wilkins focusing on Motivational interviewing:-

Motivational interviewing 1: what MI is, the research behind it and possibilities for practice

Motivational interviewing 2: improvised scenarios showing an MI approach

<https://soundcloud.com/user-583610833-79340369/motivational-interviewing-2-improvised-scenarios-showing-an-mi-approach-in-action?in=user-583610833-79340369/sets/learn-on-the-go-series-2>

This second MI podcast includes an improvised scenario of an MI conversation in practice. This section is from **6:30-32:30** minutes where you can listen to Lydia applying the principles in a conversation with a father about drug use and impact on parenting.

In the latter part of this second podcast from **32:30-39:30** minutes Lydia explains how she followed the OARS process in this MI practice conversation:

Open-ended questions; Affirmations; Reflections; Summaries.