## North Yorkshire County Council volunteering nudges





Mick Hawes helps to run a football team in #Sherburn.

When players volunteered to donate their subs to help people in the community Mick and others were invited to join the Sherburn #Coronavirus Aid Group.

"I think we get tied up with the negative stuff that goes on in the world. We forget that there are some wonderful folk and when the chips are down people are willing to roll up their sleeves.

"Some of the offers of support and the lengths people have gone to have been nothing short of remarkable.

Find out how you can help at https://www.northyorks.gov.uk/how-you-canhelp-during-coron. Why not also take part in our 5-minute Volunteers Week survey and tell us

what you are doing.

Details: https://consult.northyorks.gov.uk/snapwebhost/s.asp.







Gill Sayer volunteers with Ripon Community House, one of a network of community support organisations helping people across North Yorkshire.

Despite shielding to protect herself from #coronavirus, Gill has been working on plans for a meal delivery service.

Gill said: "When you volunteer you realise there is a lot of goodness out there. It gives you a sense of wellbeing.

"People were falling over themselves to help friends and neighbours here.

"People in need had help coming from every direction. It's been a positive situation in the very darkest of times.

You can contact us on 01609 780780 seven days a week between 8am and 5.30pm if you don't have anyone to call on for help and support.

More at www.northyorks.gov.uk/coronavirus

You can also find details of local voluntary and community groups offering support at www.northyorkshireconnect.org.uk





d by Liz WebTeam 🖭 - 31 May - 🚱

In Harrogate Michelle Hayes and Catherine Crompton have been delivering crucial food supplies to those who need it most through the charity Resurrected Bites. To date the charity has delivered parcels containing three days worth of food to more than 2,000 people.

Michelle, founder and director of Resurrected Bites, said: "Some are people who are struggling to cope, people who were self-employed or on zero hours contracts who have lost their source of income and are waiting for universal credit to kick in. It's made such a difference to them."

## Read the full story

https://www.harrogateadvertiser.co.uk/.../salt-earth-meet-mic...

If you know someone who's the #SaltOfTheEarth we want to hear about them email SaltOfTheEarth@northyorks.gov.uk with your nomination.







John Walker would normally be out and about volunteering with our countryside service.

Instead, he's helping with the #Bedale COVID-19 Mutual Aid Group as part of the helpline team.

"Beyond the many tragedies that #coronavirus has brought, it has been heart-warming to see communities come together to help each other locally.

"I think everyone's lives have changed forever and our world has changed completely. It's shown us how much we need to work together."

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