# Liverpool City Region and the Social Determinants of Health

or more simply

Non obviously medical things that can influence health & well being





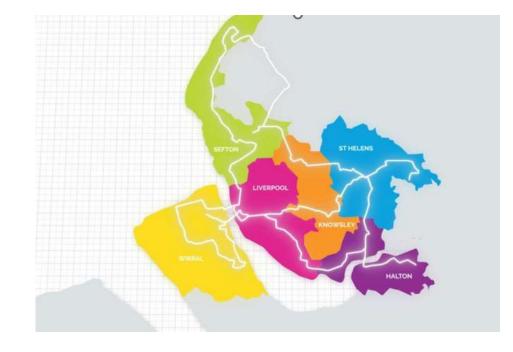






## Liverpool City Region: a few facts

- Comprises of six local authorities
- Home to 1.57 million people
- 73% of residents are of working age
- 75.7% of residents in employment (GB 78.6%)
- 5.4% unemployed
- 24.3% economically inactive (GB 21.4%)
- 33.5% long term sick (GB 27.3%)













# **LCR Economy In Numbers**

LCR is a

£33bn

economy

There are

741,000

jobs in LCR

LCR's productivity is

92%

the national rate

1 in 3

of LCR's neighbourhoods are in the 10% most deprived nationally

78%

of employees work in the private sector (compared to 84% nationally)









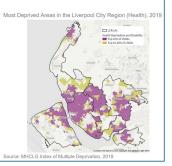


#### Health deprivation is widespread across the City Region

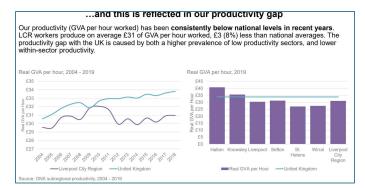
LCR has a problem with health deprivation and disability. This reflects low life expectancy across the City Region and a greater prevalence of work-limiting illnesses or disabilities.

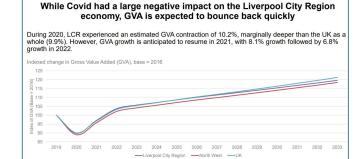
45% of LCR LSOAs are in the top 10% most deprived nationally indicating a significantly greater prevalence of health deprivation in LCR compared to the UK. These issues are particularly stark in Liverpool and Knowsley where over three quarters of neighbourhoods are in the most deprived quintile of national neighbourhoods in terms of health deprivation.

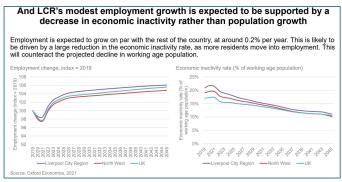
Many of these areas also face challenges across other domains of deprivation and it will be important to tackle these issues.



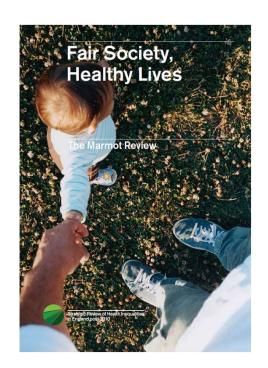
# These economic challenges are underpinned by a range of complex drivers Deprivation levels across the Liverpool City Region has a greater prevalence of deprivation than the national average across all domains except for barriers to housing and services (reflecting lower house prices in the City Region). All of these domains of deprivation prevent our residents from fulfilling their potential. There are particularly high levels of deprivation in terms of health deprivation and disability, employment and income, which underpin the overall index of multiple deprivation scores. Knowsley and Liverpool have particularly high rates of deprivation across many domains. Barriers to Housing and Services Crime Barriers to Housing and Services 1 and Decide (Matcl Deprived) 220 400 600 800 1000 \*\* Int Decide (Matcl Deprived) 220 400 600 800 1000 \*\* Int Decide (Matcl Deprived) 220 400 600 800 1000

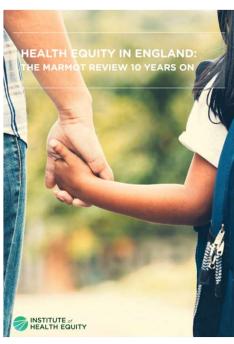






# Key Events/ Milestones in the UK and the LCR









2010 2020 2020 2022











# 'Fair Society Healthy Lives: The Marmot Review' 2010

highlighted the need to take action across the social determinants of health. It called for progress on a clear set of policy objectives, including giving every child the best start in life, enabling individuals to maximize their capabilities, creating fair employment, ensuring a healthy standard of living, developing sustainable communities, and strengthening ill-health prevention

# 'Build Back Fairer: The COVID-19 Marmot Review' 2020

underscores pre-existing social and economic disparities in COVID-19 deaths. It prioritizes the nation's health during recovery, advocates for equity-focused policies, emphasizes multisector collaboration, and calls for increased investment in public health

#### 'Health Equity in England: The Marmot Review 10 Years On' 2020

Highlighted that people can expect to spend more of their lives in poor health, that improvements to life expectancy had stalled (especially for women in the most deprived areas), and the health gap between wealthy and deprived areas has grown.

'All Together Fairer: Health Equity And The Social Determinants Of Health In Cheshire And Merseyside' 2022

Recommended HCP and ICSs embed partnerships with the VCFSE sector, other public services, local authorities and businesses to influence these wider conditions which shape health. Offered a set of 22 'Beacon indicators' which could be used to monitor actions on the social determinants of health.











#### The Dahlgren-Whitehead Rainbow (1992)

Social and community networks include family and wider social circles

Individual 'lifestyle' factors include behaviours such as smoking, alcohol use,

and physical activity

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Living and working conditions include access and opportunities in relation to jobs, housing, education and welfare

cultural and environmental conditions include factors such as disposable income, taxation, and availability of work

Personal characteristics occupy the core of the model and include sex, age, ethnic group, and hereditary factors











# Social determinants of health

The social determinants of health are the conditions in which we are born, we grow and age, and in which we live and work. The factors below impact on our health and wellbeing.



























# Building back fairer: Cheshire and Merseyside's Marmot Community launch event

On Wednesday 7<sup>th</sup> July 2021, over 280 partners from across Cheshire and Merseyside came together to discuss health inequalities and kick-start the subregion's journey to become a Marmot Community.

The event was expertly chaired by Councillor Louise Gittins, Leader of Cheshire West and Chester Council and we were also pleased to welcome the Metro Mayor of the Liverpool City Region, Steve Rotheram who gave a short address.











#### **Marmot Beacon Indicators**

Life	expectancy	Frequency	Level	Disagg.	Source	
1	Life expectancy, female, male	Yearly	LSOA	IMD	ONS	
2	Healthy life expectancy, female, male	Yearly	LA	IMD	ONS	
	Give every child the best start in life					
3	Percentage of children achieving a good level of development at 2-2.5 years (in all five areas of development)*	Yearly	LA	NA	DfE	
4	Percentage of children achieving a good level of development at the end of Early Years Foundation Stage (Reception)	Yearly	LA	FSM status	DfE	
	Enable all children, young people and adults to maximise their	r capabilities	and hav	e control ove	r their lives	
5	Average Progress 8 score**	Yearly	LA	FSM status	DfE	
6	Average Attainment 8 score**	Yearly	LA	FSM status	DfE	
7	Hospital admissions as a result of self-harm (15-19 years)	Yearly	LA	NA	Fingertips, OHID	
8	NEETS (18 to 24 years)	Yearly	LA	NA	ONS	
9	Pupils who go on to achieve a level 2 qualification at 19	Yearly	LA	FSM status	DfE	
	Create fair employment and good work for all					
10	Percentage unemployed (aged 16-64 years)	Yearly	LSOA	NA	LFS	
11	Proportion of employed in permanent and non-permanent employment	Yearly	LA	NA	LFS	
12	Percentage of employees who are local (FTE) employed on contract for one year or the whole duration of the contract, whichever is shorter***	-	-	-	NHS, local government	
13	Percentage of employees earning below real living wage	Yearly	LA	NA	ONS	
	Ensure a healthy standard of living for all					
14	Proportion of children in workless households	Yearly	LA	NA	ONS	
15	Percentage of individuals in absolute poverty, after housing costs	Yearly	LA	NA	DWP	
16	Percentage of households in fuel poverty	Yearly	LA	NA	Fingertips OHID	
	Create and develop healthy and sustainab	le places and	commu	nities		
17	Households in temporary accommodation****	Yearly	LA	NA	MHCLG / DLUHC	
	Strengthen the role and impact of i	ll health prev	ention			
18	Activity levels	Yearly	LA	IMD	Active lives survey	
19	Percentage of Ioneliness	Yearly	LA	IMD	Active lives survey	
	Tackle racism, discrimination and	d their outco	mes			
20	Percentage of employees who are from ethnic minority background and band/level***	-	-	-	NHS, local government	
	Pursue environmental sustainability and health equity together					
21	Percentage (£) spent in local supply chain through contracts***	-	=	-	NHS, local government	
22	Cycling or walking for travel (3 to 5 times per week)-	Yearly	LA	IMD	Active lives survey	











# Improved Collaboration



## What is it all for?

