

# REACH

Raising Aspirations  
for young people  
in St Helens



Public Health  
England



MERSEYSIDE  
**POLICE**



**NHS**

Wirral Community  
Health and Care  
NHS Foundation Trust



MERSEYSIDE  
Violence  
Reduction  
Partnership



St. Helens Council

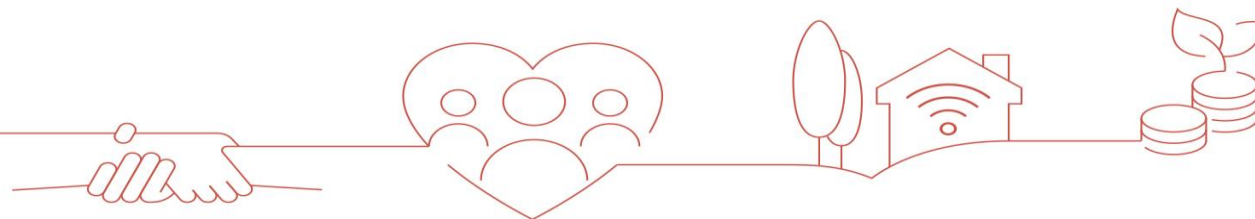
# St Helens Youth Partnership

WORKING TOGETHER  
FOR A BETTER BOROUGH,  
WITH PEOPLE AT THE HEART  
OF EVERYTHING WE DO.



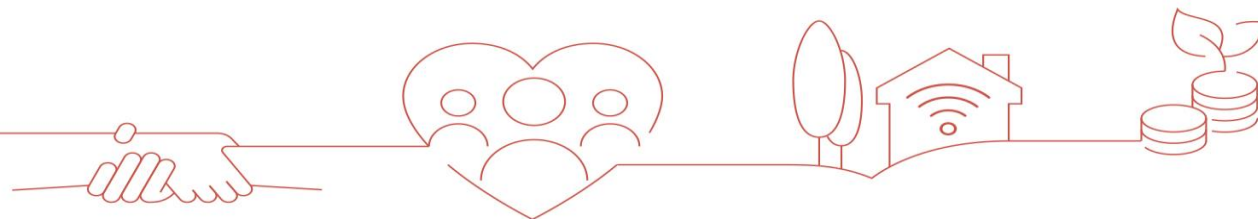
# Context

- Over the past 18 months a significant amount of work has taken place to develop an evidenced based youth strategy
- A joint approach between the Council, statutory partners and third sector organisations including Vibe, YMCA and Maximum Edge
- The aim – to change outcomes for our young people and to raise aspirations:
  - Delivering a range of programmes to meet the diverse needs of our children and young people
  - Ensuring it is accessible and inclusive
  - Solution focused



# Background

- St Helens Youth Offer - Recognised that there was a need for a revived offer
- We wanted Young People's Views to inform this offer
- St Helens Council, Police & Vibe UK entered into a partnership arrangement with the vision to create an innovative, collaborative multi-sector strategic approach
- Working smarter – Being inspiring!



# Five Steps to Success

- 1.The Golden Thread
- 2.Framework
- 3.Wrap-around
- 4.Business Model
- 5.Champions



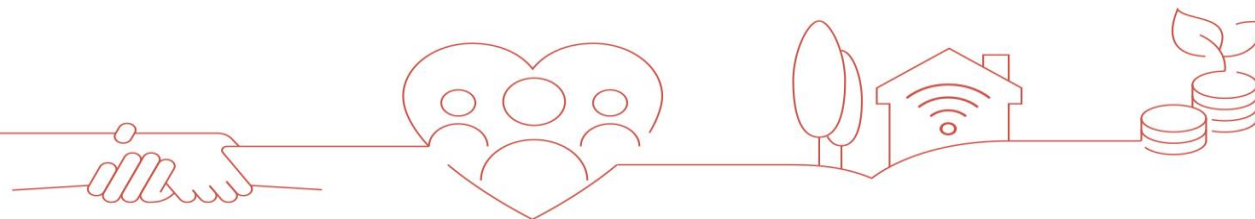
# The Findings

## Vibe consulted with young people via St Helens Youth Council:

- 32 Consultation Sessions held
- 1058 young people engaged

## Biggest message - the need for a dedicated space:

- Within their locality
- Activities & access at the right time
- With trusted adults (Youth workers)
- **Key Themes:**
  - Mental Health
  - Lack of Opportunities
  - Money



# Young People's Solutions

## Mental Health

- Better access to services
- Education around coping mechanisms
- Peer support groups
- Free access to activities to support physical health

## Lack of Opportunities

- Improved local offer
- Safe spaces to do free activities in

## Money

- Education around budgeting & understanding finances such as mortgages, accounts & loans
- Increased funding opportunities to access activities
- More cultural activities within St Helens that families can access



# The Offer Developed by the Partnership:

- Adolescence Services Provision
- St Helens Youth Council St Helens College
- Nurse Cadets
- “Saturday Club” Monthly Outdoor Activity & Sibling Days
- NCS (National Citizen Service) PVP ‘The Positive Vibes Programme’
- Youth Investment Fund
- Town Deal Funding, Phase 1, Town Centre Regeneration
- Improving Attendance Pilot
- Secured funding for a money management programme - educating on basic money management, debt, loans & gambling





# What Difference Have We Made?

- Reductions in anti-social behaviour
- Provided a dedicated youth offer for young people with SEND
- Improved school attendance
- Providing support for families with complex needs
- Increased levels of engagement – contributing to an opening of a new youth club
- **160** - people have received sexual health advice & support
- **320** - sign posted to Holiday Activities with Food Programme (HAF)
- **St Helens Youth Partnership Board** - Provides governance and challenge as to the ongoing effectiveness and impact of the offer.

